

Beatitudes for an Intimate Marriage



Krist Samaritan Center

- BLESSED is the person whose partner is trustworthy.
- BLESSED are the partners whose marriage provides sanctuary.
- BLESSED is the one whose in-laws wholeheartedly welcome their new daughter or son “in-love.”
- BLESSED is the spouse whose partner chooses to be “unveiled” in the marriage.
- BLESSED is the spouse whose partner desires an increase in self-awareness.
- BLESSED is the person whose partner wants to “search out my path...and be acquainted with all my ways.” (see Psalm 139:1-6)
- BLESSED is the spouse whose partner is secure with “openness”
- BLESSED is the spouse whose partner is honest and speaks the truth.
- BLESSED is the spouse whose partner is committed to achieving clear understanding in conversation.
- BLESSED is the spouse whose partner is completely trustworthy.
- BLESSED is the spouse who takes time to listen carefully.
- BLESSED is the spouse whose partner wants to learn her or his patterns of communication
- BLESSED is the spouse whose partner is committed to dealing openly and honestly with angry feelings.
- BLESSED is the one whose spouse can be trusted not to abuse.
- BLESSED is the couple in which each partner accepts responsibility for his or her own anger.
- BLESSED is the one whose spouse puts feelings of anger on the table.
- BLESSED is the one whose spouse tries to be first to initiate a “cease-fire”.
- BLESSED is the marriage in which both partners seek to empower the other.
- BLESSED are the couples who imagine God viewing their sexual encounters with a smile.
- BLESSED is the couple who excitedly respond to each other’s sexual desires.
- BLESSED is the spouse whose partner expresses love through intentional romance.
- BLESSED is the spouse whose partner enjoys the pleasure of erotic touch.
- BLESSED is the person who has a spouse that likes to touch and cuddle.
- BLESSED is the person whose spouse is free to communicate about sexual needs and desires and explore new horizons.
- BLESSED is the spouse who goes the second mile in overcoming barriers to sexual fulfillment.
- BLESSED is the spouse who will share thoughts and feelings about spiritual matters.
- BLESSED is the spouse whose partner seeks to overcome the barriers to sharing the spiritual journey.
- BLESSED is the marriage in which both partners are committed to justice within the marriage.
- BLESSED is the couple who have a shared mission.
- BLESSED is the couple who give careful attention to each other’s needs.
- BLESSED is the person whose partner is willing to make changes in behavior to deepen intimacy.

Lester, A, & Lester, J. (1998). It Takes Two: The Joy of Intimate Marriage. Louisville, KY: Westminster John Knox Press.