

Beatitudes for an Intimate Marriage

Carole and Ronald Krist Samaritan Center for Counseling and Education

BLESSED is the person whose partner is trustworthy.

BLESSED are the partners whose marriage provides sanctuary.

BLESSED is the one whose in-laws wholeheartedly welcome their new daughter or son "in-love."

BLESSED is the spouse whose partner chooses to be "unveiled" in the marriage.

BLESSED is the spouse whose partner desires an increase in self-awareness.

BLESSED is the person whose partner wants to "search out my path...and be acquainted with all my ways."
(see Psalm 139:1-6)

BLESSED is the spouse whose partner is secure with "openness"

BLESSED is the spouse whose partner is honest and speaks the truth.

BLESSED is the spouse whose partner is committed to achieving clear understanding in conversation.

BLESSED is the spouse whose partner is completely trustworthy.

BLESSED is the spouse who takes time to listen carefully.

BLESSED is the spouse whose partner wants to learn her or his patterns of communication

BLESSED is the spouse whose partner is committed to dealing openly and honestly with angry feelings.

BLESSED is the one whose spouse can be trusted not to abuse.

BLESSED is the couple in which each partner accepts responsibility for his or her own anger.

BLESSED is the one whose spouse puts feelings of anger on the table.

BLESSED is the one whose spouse tries to be first to initiate a "cease-fire".

BLESSED is the marriage in which both partners seek to empower the other.

BLESSED are the couples who imagine God viewing their sexual encounters with a smile.

BLESSED is the couple who excitedly respond to each other's sexual desires.

BLESSED is the spouse whose partner expresses love through intentional romance.

BLESSED is the spouse whose partner enjoys the pleasure of erotic touch.

BLESSED is the person who has a spouse that likes to touch and cuddle.

BLESSED is the person whose spouse is free to communicate about sexual needs and desires and explore new horizons.

BLESSED is the spouse who goes the second mile in overcoming barriers to sexual fulfillment.

BLESSED is the spouse who will share thoughts and feelings about spiritual matters.

BLESSED is the spouse whose partner seeks to overcome the barriers to sharing the spiritual journey.

BLESSED is the marriage in which both partners are committed to justice within the marriage.

BLESSED is the couple who have a shared mission.

BLESSED is the couple who give careful attention to each other's needs.

BLESSED is the person whose partner is willing to make changes in behavior to deepen intimacy.

Lester, A., & Lester, J. (1998). It Takes Two: The Joy of Intimate Marriage. Louisville, KY: Westminster John Knox Press.