

Hints From Teens

Carole and Ronald Krist Samaritan Center for Counseling and Education

- Don't act like you know everything.
 - Be patient. I'm going through a hard time and sometimes you make it worse.
 - Pack away your pride.
 - Give me some space.
 - Trust me.
 - Remember what it was like for you.
 - Look at yourself before you get on my back.
 - Stop talking and listen.
 - Take me seriously. Don't ridicule me.
 - Give me a chance to fail.
 - Stop yelling. I can hear you better when you talk in a normal tone.
 - Give me time.
 - Let me be responsible for myself. You don't have any faith in me.
 - Don't try to be a teenager, because you're not.
 - Have a long temper and a short memory.
 - Treat me the way you would like to have been treated as a teenager.
 - A short grounding will be more effective. Six months gives me a time to be discouraged.
 - This generation of teenagers is different than your generation.
 - Think of me as a person.
 - Be yourself.
 - Talk with, not down to me.
 - Support my dreams.
 - Give me a chance.
 - Tell it like it is.
 - Leave me alone sometimes.
 - Give me some room to grow.
- Remember that my feelings are important to me.
 - Don't always push your company or advice on me.
 - Relax.
 - Read a book about teens.
 - Try to keep current – remember that teens have changed and you have to change with them.
 - Always be there to answer my questions.
 - Let's have a discussion, not a lecture.
 - Treat me like the educated individual that I am.
 - Listen with an open mind.
 - When you say something, stick to it.
 - Be open, what is hidden is a hindrance to our relationship.
 - Don't say you know just what it's like, because times have changed.
 - Be a good example.
 - Never force a close relationship.
 - Trust me to hold my own in a corrupting environment.
 - Let go.
 - Try asking me instead of telling me.
 - Remember when you talk to a teenager, you are talking to a PERSON.
 - Don't ask about every little detail.
 - Understand that I want to have my OWN opinion.
 - Be the model you want me to follow.
 - Don't be condescending.
 - Have passion.
 - Let me know you love me.
 - Try to remember and understand how much I have to deal with.



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